



**mental welfare**  
commission for scotland

# **Summary map of health and social care partnerships' alcohol related brain damage (ARBD) specialist services, 2023**

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June 2024



# Our mission and purpose

## Our Mission

To be a leading and independent voice in promoting a society where people with mental illness, learning disabilities, dementia and related conditions are treated fairly, have their rights respected, and have appropriate support to live the life of their choice.

## Our Purpose

We protect and promote the human rights of people with mental illness, learning disabilities, dementia and related conditions.

## Our Priorities

To achieve our mission and purpose over the next three years we have identified four strategic priorities.

- To challenge and to promote change
- Focus on the most vulnerable
- Increase our impact (in the work that we do)
- Improve our efficiency and effectiveness

## Our Activity

- Influencing and empowering
- Visiting individuals
- Monitoring the law
- Investigations and casework
- Information and advice

## Summary map of health and social care partnerships' alcohol related brain damage (ARBD) specialist services, 2023

HSCP	Specialist Inpatient ARBD beds		Name and location of specialist ARBD community teams.	HSCP in area commissioned specialist ARBD resources	Out of area commissioned specialist ARBD resources	Other designated specialist resources
	Locality	Number				
<b>Aberdeen City</b>	None	None	None	None	None	None
<b>Aberdeenshire</b>	None	None	None	None	None	
<b>Angus</b>	None	None	None	None	<p>McGonagall House is a specialist service in Dundee providing care and support for up to 31 people who have experienced alcohol or drug related brain damage. AHSCP has placed individuals within this service, according to the needs of the individual.</p> <p>The Care Inspectorate has registered this setting as a specialist ARBD service.</p>	None
<b>Argyll &amp; Bute</b>	None	None	None	None	None	None
<b>Clackmannanshire &amp; Stirling</b>	None	None	There is a dedicated Alcohol Related Brain Injury (ARBI) Team which covers the			Locally, a specialist OT has recently joined our ARBI team and is able to assess people

			whole of Forth Valley, including Clackmannanshire & Stirling. This team is part of the wider Forth Valley Substance Use Services and is based at Falkirk Community Hospital.			<p>within their own homes. This will improve links to other resources such as physiotherapy and dieticians. There will also be support with harm reduction, abstinence, increasing recovery capital and support to attend recovery cafes locally to reduce social isolation.</p> <p>This support is in addition to the medical and nursing input as well as the support offered through the Social Care Co-ordinator.</p>
<b>D&amp;G</b>	None	None	None	None	None	None
<b>Dundee</b>	None	None	None	Dundee has one resource which is a Care Home specialising in ARBD, McGonagall House. Our care home team have recently been supporting them to access further training around ARBD. The Care Inspectorate has registered McGonagall House as	None	None

				a specialist ARBD service.		
<b>East Ayrshire</b>	None	None	None	None	None	None
<b>East Dunbarton</b>	None	None	None	None	<p>We have commissioned placements from the Fullerton, Toll Cross Road, Glasgow ARBD service run by Wheatley Care.</p> <p>The Care Inspectorate has registered this service for people with ARBD.</p>	'We Are With You' ARBD Lunch Club – East Dunbartonshire
<b>East Lothian</b>	None		<p>ARBD Training &amp; Resource Team is the same as the Community ARBD Team. This is a team made up of OT, Social workers, and psychologists and offers support and training for staff to identify patient-centred needs. This is a Lothian approach with East Lothian having full access to it. This team was established in May 2023.</p>		<p>In terms of East Lothian provision, we contribute to the core costs of a 10-bed unit Penumbra Milestone based in Oxbang Road, Edinburgh along with the other 4 IJBs in Lothian.</p> <p>This resource is registered as a specialist resource for people with ARBD by the Care Inspectorate.</p>	
<b>East Renfrewshire</b>	None	None	None	None	None	Our teams can access advice, support and

						guidance from an ARBD team based in Glasgow City. As part of this arrangement we are also able to access supported accommodation dependent on availability.
<b>Edinburgh</b>			<p>We recently launched a new service in May 2023 called the Lothian Training &amp; Resource Team – this small part time team of psychology, social work and occupational therapy staff are developing different levels of training programmes and delivering training across all staff groups to upskill the workforce on ARBD.</p> <p>The small part time team will also provide advice and supervision to staff working in the community with individuals with/suspected ARBD.</p>	<p>Penumbra Milestone Alcohol Related Brain Damage Unit – a Lothian wide service funded by the 4 local authorities in Lothian. The unit provides 10 inpatient beds offering a 12 week, step down, residential rehabilitation programme for people with ARBD. The unit is located at 113 Oxfords Road North, Edinburgh.</p> <p>Registered as an ARBD specialist service by the Care Inspectorate</p> <p>b) The Penumbra Milestone ARBD Unit also run a Community OT Group for discharged residents</p>	None	None

				<p>to provide some weekly support and routine for 6 weeks after discharge. They also encourage involvement with other mutual aid groups and activities.</p> <p>The Penumbra Milestone ARBD Unit funds some part time hours of a CARDS (community alcohol related damage) worker who introduces residents to the CARDS Service and coordinates residents on discharge with a volunteer for ongoing support.</p> <p>B) Community Grants – we also commission CARDS (community alcohol related damage service) to do some work around befriending and one to one support. Group work is also to be developed.</p>		
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<b>Falkirk</b>	None	None	Forth Valley Alcohol Related Brain Injury Service, Falkirk Community Hospital, Westburn Avenue, Falkirk.	None	No specific ARBD registered service.	None
<b>Fife</b>	None	None	NHS Fife/Fife HSCP provides a specialist ARBD Team which is based within NHS Fife Addiction Services at Whytemans Brae Hospital, Kirkcaldy. The ARBD team consists of 2.0 wte Mental Health Nurses and 1.0 wte Health Care Support Worker.	None	None	None
<b>Glasgow</b>	None	None	Glasgow HSCP Alcohol Related Brain Damage team are a specialist cognitive rehabilitation team who provide assessment to people with suspected or diagnosed ARBD, direct interventions with service users, support care planning including assessment of capacity where appropriate, screen and assess referrals for specialist ARBD	1.Penumbra Assessment Unit 184 Bardowie Street Glasgow  Penumbra is an 8 Bedded Unit offering step down from hospital and direct admissions from the community. The placement is short-term to allow assessment of rehabilitation potential and care planning, and will	Thistle Health Care Green Cross Care Home & Lodge 2 Tabernacle Street, Cambuslang.  Thistle Health Care Southview Care Home 34 Howieshill Avenue, Cambuslang.  Registered with the Care Inspectorate as a specialist ARBD resource.	Glasgow HSCP do not provide specialist ARBD Inpatient beds. However, there are 30 inpatient beds across two Alcohol and Drug Recovery Service (ADRS) wards in Stobhill Hospital and Gartnavel Hospital that offer alcohol detox, assessment and diagnosis of Alcohol Related Brain Damage, and psychiatric, psychological and



			<p>residential services, offer professional guidance and training to staff groups working with people with ARBD.</p> <p>The ARBD team is multi-disciplinary, with the below skillmix:  1 WTE Team Leader  0.5 WTE Consultant Psychiatrist  0.8 WTE Clinical Psychologist  1 WTE Occupational Therapist  1 WTE Senior Nurse  1 WTE Nurse  4 WTE Social Care Workers  ADRS Dietician  Services provide in-reach to the team</p> <p>The remit of the Team is as follows:  • To provide assessment of individuals at high risk of developing cognitive problems as a result of heavy drinking  • To support care plans aimed at facilitating harm</p>	<p>accept people suspected of having ARBD, as well as those with a diagnosis. A process of assessments (neuropsychological, occupational therapy, psychiatric) can take place in this setting; the ARBD multi-disciplinary team work closely with Penumbra staff, in-reaching to provide these assessments and agree rehabilitation plans. Registered with the Care Inspectorate as a specialist ARBD resource.</p> <p>2. Loretto Fullarton  1196 Tollcross Road  Glasgow</p> <p>The specialist ARBD service provides 22 placements across studio flats within a purpose-built development. Loretto is a rehabilitation service for people with a diagnosis of ARBD who require</p>		<p>psycho-social treatment for people with a diagnosis of ARBD.</p> <p>Glasgow HSCP ARBD Team have developed a Recovery Passport to support people with a diagnosis of ARBD throughout their care journey. The assessment and care planning tool was developed in response to service user issues highlighted at engagement events and forums in relation to a lack of knowledge of ARBD and the impact on daily living from professionals and others providing support. The Recovery Passport ensures that service users influence and direct their own recovery plans, decide what information is important to share with others, and prevents the need to re-tell their journey to</p>
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			<p>reduction, detoxification, diagnosis and assessment of capacity where appropriate</p> <ul style="list-style-type: none"> <li>• To try to see every service user referred where practical</li> <li>• To support early legislative intervention to reduce alcohol related harm, and crisis presentations to a range of already over-burdened services</li> <li>• To provide assessment for suitable resettlement of those in longer term care</li> <li>• To provide tailored training packages to those who work with, come into contact with, or even live with drinkers</li> </ul> <p>The ARBD team are co-located with Alcohol and Drug Recovery Services at: Glasgow HSCP North East ADRS Newlands Centre</p>	<p>support with independent living. Length of stay is flexible to meet need, with a maximum stay of up to 2 years, and focus on rehabilitation. The service provides intensive support with a person-centred therapeutic programme, including one to one and group activities, as well as opportunities to reintegrate within the community. Registered as a specialist ARBD resource by the Care Inspectorate.</p> <p>3. SAMH 47 Hoddam Avenue Glasgow</p> <p>SAMH offers supported accommodation to people with a diagnosis of ARBD through 8 scatter flats within the Castlemilk area of Glasgow. The service is aimed at people who require</p>		<p>numerous professionals and in several settings.</p>
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			<p>871 Springfield Road, Glasgow.</p>	<p>additional support as an interim step towards independent living, and staff provide structured support to enable self-sufficiency. The service works within a harm reduction model rather than abstinence. Length of stay is flexible to meet need, with a maximum stay of up to 2 years. Registered with the Care Inspectorate as a specialist ARBD resource.</p> <p>Specialist Longer Term Provision 1. Crannog ARBD Care Home 10 Bayfield Terrace Glasgow</p> <p>Crannog is a 10-bedded purpose-built care home, offering single ensuite rooms for people aged 55 and over with a diagnosis of ARBD, who require specialist 24-hour care. Crannog</p>		
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				<p>is managed by Older People and Physical Disability (OPPD) Services and adult service and/or ARBD team access placements via a streamlined process.</p> <p>Registered by the Care Inspectorate as a specialist ARBD resource.</p> <p>Thistle Health Care Arden Craig Care Home 15 Arden Craig Place Glasgow.</p> <p>Registered with the Care Inspectorate as a specialist ARBD resource.</p>		
<b>Highland</b>	None	None	None	None	None	None
<b>Inverclyde</b>	None	None	None	None	None	We originally commissioned a supported living complex specifically for people with ARBD but take up has been reduced and as vacancies have arisen tenancies have gone

						to other people with complex needs.
<b>Midlothian</b>	None	None	None	None	ARBD Milestone Service which is based in Edinburgh and is a 10-bedded step-down unit to provide short-term care for vulnerable men and women, aged 18+, who have a diagnosis of ARBD.	
<b>Moray</b>	None	None	None	None	None	None
<b>North Ayrshire</b>	None	None	None	None	None	The North Ayrshire Drug and Alcohol Partnership (ADP) have provided funding which allows qualified practitioners within adult community care services to: * Assess, implement and review packages of care for service users who have long term mental health and/or physical health presentations related to ARBD and/or previous long-term alcohol misuse. * Contribute to the wider care management and

						<p>review of service users who have ongoing physical and mental health needs in relation to ARBD and/or previous alcohol misuse.</p> <p>* Enable those service users with complex ARBD and/or long term alcohol related issues to be supported in their homes, or in a homely setting, where it is safe to do so.</p>
<b>North Lanarkshire</b>	None	None	None	None	None	None
<b>Orkney</b>	None	None	None	None	None	None
<b>Perth &amp; Kinross</b>	None	None	None	None	Rosebank/McGonoga II House - 79-85 Rosebank Street Dundee.	None
<b>Renfrewshire</b>	None	None	None	None	<p>Hillside View Care Home (Paisley) has a unit for individuals with ARBD.</p> <p>Registered with the Care Inspectorate as a specialist ARBD service.</p>	<p>RADR's Alcohol Transition Team are in the process of providing training across the whole service to increase awareness and response when any possible cases of ARBD are recognised. This is to ensure that appropriate support is put in place to provide</p>

						the opportunity for optimum recovery as early as possible. RADRS liaise with Glasgow City HSCP's specialist ARBD team on occasion for advice and guidance.
<b>Borders</b>	None	None	None	None	None	<p>A secondment opportunity for ARBD development officer was recruited to in 2022 to consider the recommendations set out the MWC "Care and treatment for people with alcohol related brain damage in Scotland" (2021). This is a non-clinical role.</p> <p>A specialist ARBD service within Edinburgh has been consulted and is considering accepting patients from the Borders. This is under consideration currently.</p>
<b>Shetland</b>	None	None	None	None	None	None
<b>South Ayrshire</b>	None	None	None	None	None	None
<b>South Lanarkshire</b>	None	None	None	None	None	None
<b>West Dumbarton</b>	None	None	Glasgow City ARBD team cover Clydebank	None	We can also consider funding specialist	None

			postcodes but not Dumbarton so half of West dun (postcodes G60 (5) G81 (1, 2, 3, 4, 5, 6 are covered but G82 and G83 not covered)		ARBD supported flat in 'Wheatly Fullarton Project' where residents have their own flat with average of 16 hours support a week, support with recovery community activities and abstinence and ARBD assessment.	
<b>Western Isles</b>	None	None	None	None	None	None
<b>West Lothian</b>	None	None	None	None	ARBD Milestone Service which is based in Edinburgh and is a 10-bedded step-down unit to provide short-term care for vulnerable men and women, aged 18+, who have a diagnosis of ARBD.	None

*Whilst some areas noted care settings as specialist providers of ARBD support, if these were not confirmed as registered designated specialists on the Care Inspectorate's website, they were not included in this mapping report.*